



# Trauma 101:

## Understanding Trauma, Resilience and Trauma-Informed Approaches

We are pleased to announce that this training is being offered in partnership between the Mental Health, Drug & Alcohol Services Board of Logan & Champaign Counties, Champaign Co. Department of Job & Family Services, Champaign Co. Drug Free Youth Coalition, Suicide Prevention Coalition of Logan & Champaign Counties, Early Childhood Coordinating Committee, and Montgomery County Alcohol, Drug Addiction and Mental Health Services. This training opportunity is being funded through a grant from The Ohio Children's Trust Fund and will be of **NO COST** to participants.

**Date: April 18th, 2018**  
**Time: 8:30am-11:30am**  
**OR**  
**12:30pm-3:30pm**

\*Please REGISTER FOR JUST ONE of the offered sessions\*

*trauma (noun)*

an emotional wound or shock that causes substantial, sometimes lasting damage to psychological development

**Location: Madison-Champaign ESC**  
**Administrative Offices**  
**2200 South US Hwy 68**  
**Urbana, Ohio 43078**

\* Please use REAR parking lot and entrance

**Pending 1.5-2.5 CEU's Social Worker & Counselor**

### **3 WAYS TO REGISTER:**

**Mail:** Registration Form to- MHDAS Board, P.O. Box 765, West Liberty, OH 43357

**Email:** Fill out & Scan Registration Form to [alane@mhdas.org](mailto:alane@mhdas.org)

**Fax:** Registration Form to 937-465-3914 Attn: Andrea Lane

**Intended Audience:** This training is designed to provide a foundational overview and awareness of trauma, resilience, and trauma-informed care for anyone in the community who interacts with individuals and families who may have experienced trauma, including case managers, human services professionals, educators/ administrators, the faith community, employers, government agencies, and others.

**Presenter:** Jennifer Cox, MA, Director of Training Montgomery County Alcohol Drug Addiction and Mental Health Services. Jennifer is a TIC Instructor and a National Instructor in Mental Health First Aid-USA. She received her dual undergraduate degrees (Art Therapy/Dance Kinesiology Education) from Bowling Green State University and her Masters of Arts in Dance Movement Psychotherapy from Columbia College Chicago. She has professional experience as a clinician, educator and administrator in a variety of clinical, public, and government settings with a vast array of populations.

**Hope you can join us!**



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Registrant Information (please PRINT clearly)

Name: \_\_\_\_\_

Address, City, State, ZIP Code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_ ( ) \_\_\_\_\_  Cell  Home  Work

How did you hear about this training? \_\_\_\_\_

Occupation: \_\_\_\_\_

Preferred Course Date:

April 18th, 2018 8:30 AM to 11:30 AM  
OR

April 18th, 2018 12:30 PM to 3:30 PM

Course Fee:

FREE

Questions? Cancellations?

937-465-1045 • [alane@mhdas.org](mailto:alane@mhdas.org)

By signing/dating this form, I hereby agree to attend the Trauma 101: Understanding Trauma, Resilience, and Trauma-Informed Approaches course I have selected above for the entire 3 hours. I understand that failure to attend the course in its entirety of training will result in forfeiture of certification.

Signature/Date: \_\_\_\_\_

Please send completed form to:

MHDAS Board

P.O. Box 765, West Liberty, OH 43357

Fax: 937-465-3914 Attn: Andrea Lane OR Scan and email form to: [alane@mhdas.org](mailto:alane@mhdas.org)



The Mental Health, Drug & Alcohol Services Board of Logan & Champaign Co.



Champaign County



CHAMPAIGN COUNTY DRUG FREE YOUTH COALITION