

Recovery Zone of Logan Co.

Recovery Community Organization

Mental Health & Substance-Use

No Cost, Daily Groups & Lunch, One-on-One Peer Recovery Support, 24/7 Peer Warm Line (Transportation Provided)

440 S. St. Paris St, Bellefontaine, OH 43311

(937)593-9391 (Building Open: Mon-Fri 11am-2pm)

WARM PEER LINE: (937) 210-9003

"Shining a Light on the Path to Recovery"

February 2021 Daily Building Schedule

<u>REMOTE MEETING ACCESS AVAILABLE ** ZOOM Meeting ID 937-407-4547</u>

One-on-One Peer Sessions available remotely & in-person

Sundays

5pm **NA** Phoenix Venture Group (Open Discussion) 7pm **AA** New Life Beginners (Open Discussion)

Mondays

11am Check-In Group**
1pm Expressive Sharing

5:30pm **NA** Just for Today (Open Discussion)

Tuesdays

11am Substance-Use Disorder Group**

1pm Therapist-Led Rotating SUD/BH with CHWLP

7:05pm **NA** Phoenix Venture Group (Open Discussion)

Wednesdays

11am Mindfulness/Meditation**
1pm Mental Health Discussions w/RZ-Urbana

Thursdays

9am **AA** Literature Study (Open Reading) 10am Women's 12-Step Recovery**

11am SAMHSA Action Planning for Prevention & Recovery**

1pm NEW GROUP (TBD)

Fridays

11am-2pm Activity Day

7:30pm **NA** Guiding Principles (Open Reading)

Saturdays

12pm AA Living Sober (Open Reading)
6pm AA Open Beginner's 12-Step (Open Reading)
7:30pm NA Steps & Tradition (Open Rotating)

Kathy, Director (937)407-4547 * JR, Building & Transportion (937)597-2607