



*Our lives,
Our communities,
Our futures*



2021 Annual Report

Where we are now... a note from the Director

As we dealt with yet another year of a pandemic, 2021 saw an unprecedented increase in behavioral health needs in the world, and in Logan and Champaign Counties. We saw a significant increase in crisis assessments through ***Coleman Health Services at Mary Rutan Hospital Emergency Department*** and in our local provider offices of ***TCN Behavioral Health***. This also meant an increase in the need for short-term crisis stabilization and psychiatric hospitalization services. We are very fortunate to have resources from the ***Ohio Mental Health & Addictions Services (OMHAS)*** providing access to partnerships outside of Logan and Champaign counties for this level of care when needed for our residents.

Beyond crisis services, our system experienced an increase in people seeking counseling and recovery supportive services. The good news is, people are seeking help! There is less stigma when EVERYONE is dealing with stress, at levels and in ways they have never had to before. In response to this growing need for services, TCN was able to expand their technology and infrastructure to accommodate more telehealth options for people who could stay at home and still access care. They also created spaces in their offices for those that needed to come into the office due to internet or phone access and could access telehealth services from a provider in another location. Recovery Zone started a Warm Line for support from a peer for those struggling with mental health or addiction. That number is 937-210-9003. An additional level of care for addiction treatment was initiated in a partial hospital program at TCN's West Liberty office. Some new school services were added this year, Faith Coalitions were started in both Logan and Champaign counties, and support to courts, jails, schools and businesses continued.

This is a time when the coordination of services by our local system of care and the increased number of other behavioral health agencies became even more important as we all worked together to make sure the growing needs in the community were met in the best and quickest way possible. We are fortunate to have such good collaborative relationships with other community partners in times like these.

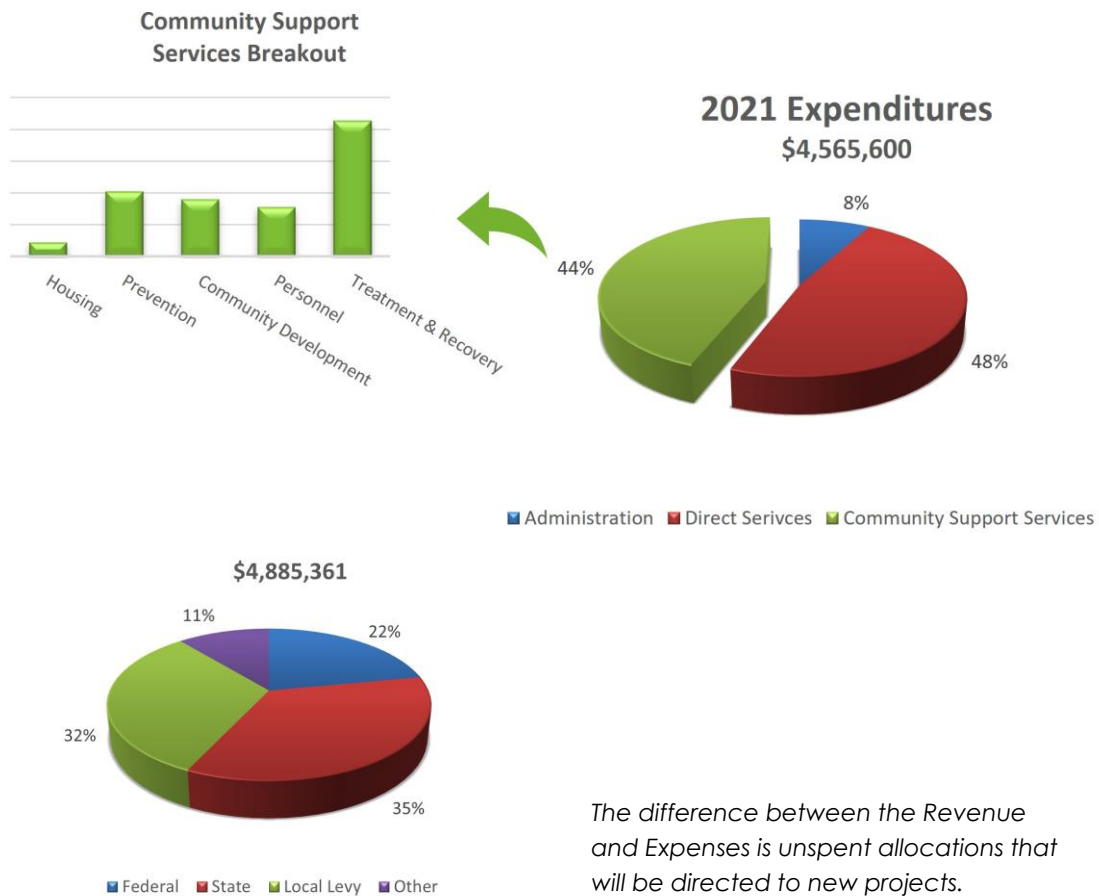
This was a year of challenges for sure, with the pandemic, workforce shortages, and growing needs. However, that is not the end of our story. In 2021, you (the community) came through with your vote and support to pass our .7 mill replacement levy in November. Nothing could have been a better boost to the moral and confidence of the system than that! **THANK YOU** to everyone who helped in any way with the levy campaign and **THANK YOU**, most of all, to the supportive people living in Logan and Champaign Counties who helped with your vote of confidence. I want you to know we take that confidence seriously and we will use those resources in 2022 and the coming years to continue to build and expand a system of care that is responsive to our unique communities' needs.

Grateful to serve you,

Tammy



Our current state...



Behavioral Health Career Opportunities

[Career Opportunities - TCN Behavioral Health Services careers \(e3applicants.com\)](#)

[Career Opportunities - Coleman Professional Services, Inc. careers \(e3applicants.com\)](#)



Growth and Recovery...

There are 11 community programs that receive State Opioid Response (SOR) grant funding through the MHDAS. One of those programs is **Renewed Strength Recovery House** in Kingscreek, just north of Urbana. Pastor Mark and Jami Hackworth and Assistant Chris Ball provide Recovery Housing, Peer Support, Supported Employment Services, and transportation for six current residents. The addition of peer support to the recovery housing services has allowed for increased accountability and it has improved the coordination of the numerous medical appointments, court hearings, and probation meetings. Residents are able to take peer support training while at the recovery house, which has led to one person obtaining full time employment as a Certified Peer Supporter at another agency. Renewed Strength has always had a robust vocational training program and it continues to expand with the addition of two car lifts that qualified for SOR funding. Since then, with some creativity, initiative, and elbow grease, there is now a new towing service called “**Kingscreek Towing**” so that better services can be provided in their auto mechanics program.

One gentleman who lives in the recovery house has been there since November, 2020. When he moved in, he had just gotten out of prison and was disowned by his family. He was starting over, but this time in a supportive and accountable environment that offers many opportunities to achieving a healthy and independent life. He started working with the vocational programming, which has now changed to full time work with a concrete company. He understood the harm he caused his family and worked to re-build trust with them. Slowly and steadily, for a full year and a half, he earned back the trust of his family, which means the world to him. Another one of his goals was to not be dependent on suboxone, a medicine to help with recovery from opiates, and he worked closely with his doctor on this goal for nearly three months. He finally began to manage recovery without it, and took a drug test to prove it. This drug test was the first 100% clean drug screen that he had in 38 years. He was so proud, he took it to church and stood up front and shared his success with his community. ***He is a considerate family man, a full time employee, a church member, and a true testament to a fulfilling life of recovery.***

National Suicide Prevention Lifeline

988

By **July 16, 2022**, the National Suicide Prevention Lifeline will transition to the three-digit dialing code **988**. This transition is designed to better connect crisis care services with individuals and families experiencing a mental health or addiction crisis, using 988 as an entry point into Ohio’s crisis care system. 988 will improve Ohio’s ability to quickly connect Ohioans in crisis with community behavioral health treatment and social service resources.

Planning ahead...

What is Prevention?

According to the Substance Abuse and Mental Health Services Administration, **prevention helps people develop the knowledge, attitudes, and skills they need to make good choices or change harmful behaviors.**

Prevention is one part of **the continuum of behavioral health**. The other parts are promotion, treatment, and recovery. All are critical elements of a robust behavioral healthcare system, but each one has its own unique role. Promotion supports positive behaviors. Prevention reduces the risk of behavioral health issues. Treatment cares for someone with a diagnosed substance use disorder or mental health illness. And recovery helps people live productive lives after treatment.

Staff at MHDAS participate in various leadership roles for community and school-based prevention initiatives and programming. Some of the coalitions and programs MHDAS supports included the following;

The Suicide Prevention Coalition of Logan and Champaign Counties
Logan County CORE (Community for Ongoing Recovery Efforts)
Champaign County CORE (Community for Ongoing Recovery Efforts)

PAX Good Behavior
Game
& PAX Tools

Signs of Suicide
Screening in the 6th
and 9th grades

Botvin LifeSkills
Training

Mental Health First Aid Training

QPR Gatekeeper
Workshops

Did you know about....



New Directions

New Directions is a family violence prevention and intervention program administered by TCN Behavioral Health Services. All clients served are treated with dignity and respect. All identities are kept private and anonymous.

The mission of New Directions is dedicated to helping all victims of domestic violence and sexual assault through advocacy, support, empowerment, and social change.

New Directions offers:

- * Legal Advocacy (*offered at no cost for survivors through this program*)
- * Non-residential case management (*offered at no cost for survivors through this program*)
- * Counseling Services (*based on sliding fee scale or on insurance if eligible*)

TCN Behavioral Health is a member of the Ohio Domestic Violence Network and this program receives partial funding from a variety of community organizations and grants.

Logan County
1855 State Route 47 W
Bellefontaine, OH
PH: 937-593-5777
Fax: 937-593-1757

Champaign County
1522 E US Route 36, Ste A
Urbana, OH
PH: 937-653-3910 ext 7416
Fax: 937-653-4787

Soteria House

Soteria House is TCN's domestic violence/sexual assault shelter. It provides safe, secure temporary housing for victims/survivors and their children. The shelter is open to all victims of domestic violence and sexual assault and staffed 24 hours a day. This emergency location offers food, clothing, and personal items to help meet a survivor's immediate needs.

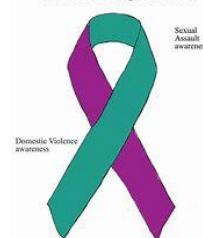
Soteria House offers case management, advocacy and counseling. Direct crisis intervention is available through our 24 hour crisis line.

Domestic violence situations are often complicated, please feel free to contact us for consultation and intake.

PH: 937-404-2365 Fx: 937-404-2375

24/7 Crisis Hotline: 1-877-394-1046

The Teal & Purple Ribbon



Spotlight on Recovery

Hello, my name is April, and I am a 33-year-old mother of three beautiful children. It has been my experience that if you do not ask for help, you cannot get it. I am an alcoholic in recovery, and because of my drinking, I also have a record. With my most recent criminal charges I was sent to West Central Corrections Facility where I spent four months reforming my mindset. Upon being released in November, I was homeless, but motivated. I took shelter at ***The Caring Kitchen***. I am on probation with Champaign County and have been ordered to complete an Intensive Outpatient Program and JRIG. Through the resources obtained while at The Caring Kitchen and JRIG, I was put into contact with ***Brandi Kinchen and her program at RTC Employment Services***. She has offered me encouragement with her kind words as well as helping me to get supplies for work (proper work attire & winter gear) or telling me about other potential resources. She has assisted me with some key factors that would determine my success; assistance with resources to offset a portion of the cost for the SAPI Program (Substance Abuse Prevention Institute- OVI weekend program) for me to work towards getting licensed. These were huge hurdles that I was not sure how I was going to accomplish. I am very thankful for everything.

Thanks to working together, I now am employed full time at a job with sustainable wages and room for growth. I also now have my own apartment due to planning, setting goals and budgeting work with Ms. Kinchen. We are currently working on paying off my reinstatement fees, then getting my license and a car as well. I know I can be successful with hard work and determination and with help from resources like that of Ms. Kinchen and the RTC program. I feel supported and inspired. You get the sense from Ms. Kinchen that she genuinely cares and wants to see you do well; but she is not going to do the work for you, and I appreciate that because when you work hard at something, the payout has more value. ***I feel blessed, thanks for everything!***



Mental Health, Drug & Alcohol Services

Board of Directors

<u>Member Name</u>	<u>Appointing Authority</u>	<u>County</u>
Reuben Mees, Board Chair	State	Logan
Gwyn Stetler	County Commissioners	Logan
Paul Waldsmith	County Commissioners	Champaign
Rebekah Sinnott	State	Champaign
Steve Terrill	County Commissioners	Logan
Greg Harvey	County Commissioners	Champaign
Angela Haver	State	Logan
Eric Warrick	County Commissioners	Champaign
Grant Varian	State	Logan
Christie Barns	County Commissioners	Logan
Chris Marlow	County Commissioners	Logan
Cheryl Wears	County Commissioners	Champaign
Sara Wright	State	Champaign

Board Staff

Tammy Nicholl	Executive Director
Adam Sorensen	Dir. Treatment & Recovery Services
Cecilia Yelton	Dir. Community & School Based Prevention
Kristy Scharf	Dir. Business Operations
Terri Steiner	Office Manager

1521 N. Detroit St., P.O. Box 765, West Liberty, OH 43357

937-465-1045 | www.mhdas.org | info@mhdas.org



LocalHelpNow Logan Champaign

Local substance use and mental health help,
at your fingertips

