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Name:

**Mental Health &
Recovery Services
Board for Logan &
Champaign Co.**



**MENTAL HEALTH, DRUG & ALCOHOL SERVICES BOARD
OF LOGAN & CHAMPAIGN COUNTIES**
1521 N. Detroit St., P.O. Box 765
West Liberty, OH 43357

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The Mental Health Drug and Alcohol Services Board of Logan and Champaign Counties



*A Firm Foundation
A System of Care*

SFY 2018 Annual Report

A word from the Executive Director –

“For such a time as this.” I have given much thought to this statement a lot over the last six months as Executive Director of the MHDAS Board. It is a time when change and transition are at every aspect of the behavioral health field, at the state and right here in our own two communities. With these changes, there are challenges, and there are great opportunities. Behavioral Health Redesign began at the end of SFY18 bringing significant changes to the state’s reimbursement process for service providers. Locally we will be transitioning to a new provider agency as Consolidated Care, Inc. moves under TCN. The name will be different, and leadership will be different, but many faces will be the same.

It is a time when partnerships are more important than ever to navigate the needed changes while maintaining a system of mental health and addictions services that meet needs in our community from prevention to recovery across the lifespan.

It is a time when assuring that investments of federal, state and local funding is done with an expectation for effective outcomes, a time when investment in children and prevention across the lifespan is needed to stop the wave of addiction and mental health crisis. It is a time when HOPE for recovery is possible. One life, one interaction at a time, we can all make a difference.

“Not a minute to waste at such a time as this” Let’s Get Started in 2019!!

Looking forward to serving with you,

Tammy Nicholl, Executive Director

MEET THE STAFF



Tammy Nicholl, Executive Director (back row, center) Tammy and her family live in rural West Liberty. She is married and has 2 sons, 1 still at home and 1 married with a SWEET new grandson. Tammy's favorite title from now on is "Nana." She has worked at the MHDAS Board since 2005 and became Executive Director in May 2018. She loves the job that is all about making a difference!

Adam Sorensen, Treatment & Recovery Director (front row, right) Adam lives in Mechanicsburg with his wife, Heather, and 5 kids. Their kids range in ages from 9 years to 7 months old and there is never a dull moment at the Sorensen house. Adam has been involved in clinical mental health since 2004 and behavioral health administration since 2011. He enjoys addressing systems challenges collectively with a commitment to compassionate and data driven systems of care. When he can escape his work and home life, he enjoys fishing with his buddies.

Stacey Logwood, Director of School and Community Based Prevention (front row, left) Stacey and her husband Shawn reside near Urbana. They have two adult children, two school-aged children, and two grandchildren. Stacey is an Ohio Certified Prevention Specialist and has served in various social service roles since 2005 when she was hired in Champaign County. Life is always a "ball" in their spare time – football, basketball, and baseball that is. Unlike the ball games they attend, where "win/lose" is the outcome, Stacey prefers to approach collaboration and relationships with "win/win" outcomes for her community.

Terri Steiner, Business Operations Assistant (back row, left) Terri has lived in the West Liberty area for 34 yrs. with her husband Jeff. They have 2 sons and 2 grand-daughters. She is an Indian Lake Alumni and has worked for the Board since April 2006. She is a data geek who loves gardening, painting, and reading.

Jessica Rhoades, Office Manager (back row, right) Jessica joined the MHDAS Board in October. She lives in rural West Liberty with her husband Michael and four kids. She is an active members of HI-Point Free Will Baptist Church in Bellefontaine and loves cheering for the kids at sporting events. She loves music, cooking and spending time with family.

MEET OUR BOARD MEMBERS

Back Row from L to R:

Steve Terrill, Louis Fairfield, Paul Waldsmith, Reuben Mees, Pete Floyd, Robert Dean.

Front Row from L to R:

Emily Smith, Ann Vogel, Gwyn Stetler, Mary Walker, Dr. Grant Varian.

** (not pictured, to be inducted at the next scheduled board meeting)
Greg Harvey, Rebekah Sinnott, Angela Haver



Research shows that stable housing is essential, as a recovery support, to helping persons with serious disabilities recover and become productive members of the community. The Mental Health, Drug and Alcohol Services Board of Logan & Champaign Counties (MHDAS) provides supportive housing to those recovering from substance use disorders and/or are managing mental health issues. Our housing program helps to provide crucial support to these individuals who want to reintegrate into the community and live productive, fulfilling lives.

Currently, we own eight properties in the two communities, serving approximately 30 individuals at a time. All MHDAS owned properties are managed by Residential Administrators, Inc. This partnership has been strong since 1999 in providing safe, decent and affordable housing to residents of Logan and Champaign Counties. It has allowed the MHDAS board to utilize the experience and technical assistance of Residential Administrators, Inc. to expand the capacity of permanent housing to serve nearly 100 families/singles annually. Many residents struggling with a mental illness and/or addiction would not have access to this essential stability in their lives that allows them to focus on recovery and to have the assurance of a place to call "home."



Jon Brown, Executive Director of Residential Administrators, Inc.

1521 N. Detroit St., PO Box 765, West Liberty, OH 43357

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Overview of MHDAS Board Strategic Plan for SFY2019

Our Mission

To ensure outcome focused prevention, treatment and recovery services for our residents that promote accountable, person-first and positive health outcomes re-

Goal #1

Strengthen capacity of staff & Board to confidently adapt to a changing behavioral health landscape

Goal #2

Continue to strengthen capacity for full continuum of behavioral health services from prevention to recovery supports across the lifespan

Goal #3

Evaluate opportunities for collaboration with other partners serving shared populations

Goal #4

Promote healthy communities

Strategies

- Develop, carry out & report progress on strategic plan
- Improve & simplify Board policies & contract processes
- Use Regional Alliance Board group to stretch capacity beyond county boundaries and local expertise
- Develop consistent method for establishing funding priorities

Strategies

- Work with provider agencies to support the service delivery system thru the acquisition process
- Ensure quarterly agency review process addresses capacity in each service area
- Move toward value-based contracting for positive client outcomes, quality and service satisfaction

Strategies

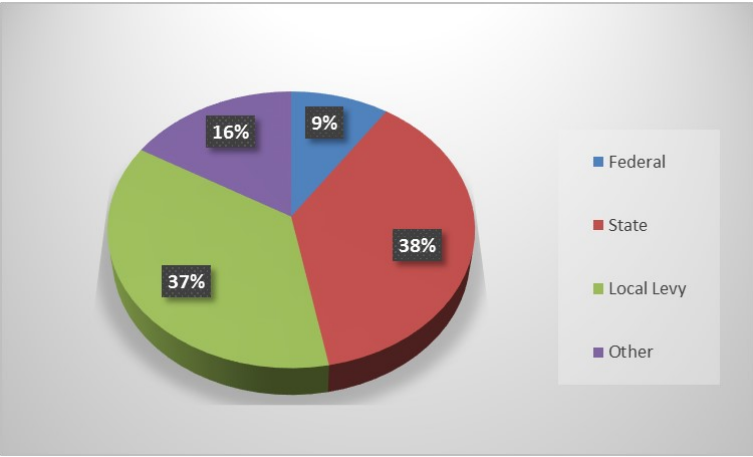
- Prioritize focus areas for SFY 2019 as:
 - Healthcare Providers & Public Health
 - Criminal Justice
 - Child Welfare
 - Employers

Strategies

- Invest staff time & resources to continue developing local coalitions toward collective impact
- Continue effort to design goals & priorities based on collaborative community needs assessment data
- Strengthen the focus & investment in health promotion, prevention, early identification & recovery supports

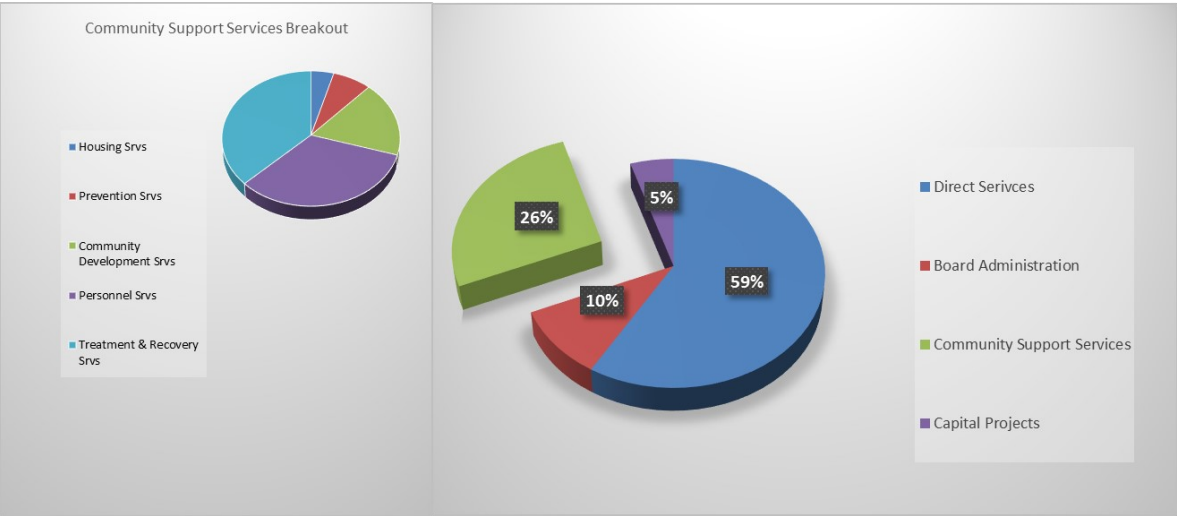
“A goal without a plan is just a wish.” - Larry Elder

SFY 2018 Revenue



**Other = reimbursements, donations, and training fees

SFY 2018 Expenses

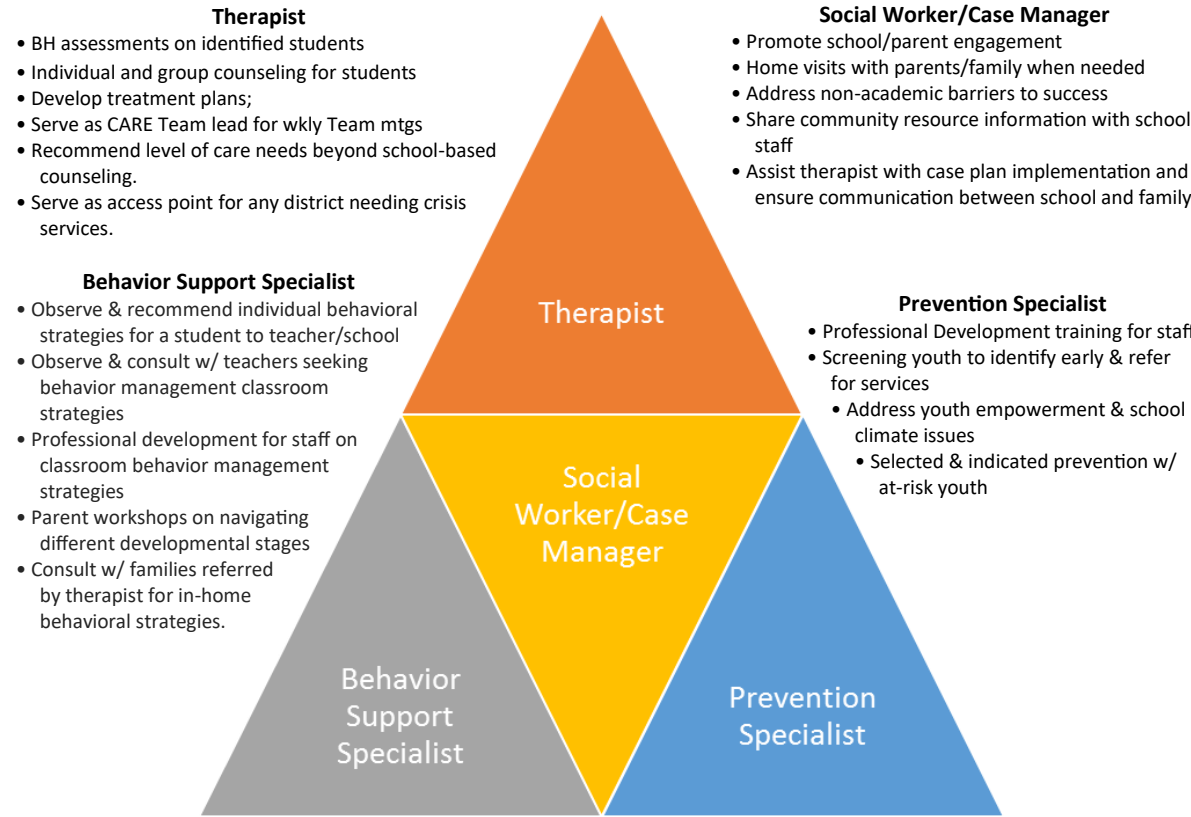


The difference between the Revenue and Expenses is unspent allocations that will be directed to new projects.

Protect Youth Mental Health



**Vote
"YES"**
on May 7th
 Additional \$0.3mill Levy to support
 Cost to \$100,000 Homeowner < \$11/yr



Working Together to Build a Continuum of School Behavioral Health Services to meet the Range of Student Needs

Evidence of effectiveness of providing School Based Services:

- Nat'l Association of School Psychologists
- Health Policy Institute of Ohio: School-based Drug, Violence Prevention, Mental Health Promotion

Comprehensive Assessment Response Evaluation TEAM

Improving education and mental health outcomes through school-based Prevention & Intervention

