



# MHDAS 2022 ANNUAL REPORT

Mental Health, Drug &  
Alcohol Services Board  
of Logan & Champaign Counties



*better*  
**TOGETHER**

# MHDAS BOARD OF DIRECTORS



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Director, Family Promise  
of Delaware  
(Logan County)



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Director, Champaign  
Family YMCA  
(Champaign County)



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& Merchants Bank  
(Champaign County)



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(Logan County)



**REUBEN MEES**  
(Logan County)



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Champaign County  
Sheriff Department  
(Logan County)



**SARA WRIGHT**  
Social Services Adminis-  
trator, Champaign County  
Job and Family Services  
(Champaign County)



**CHERYL WEARS**  
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Mercy Health  
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**ANGELA HAVER**  
School Social Worker,  
Ohio Hi- Point  
(Logan County)



**CHRIS MARLOW**  
Lieutenant, Bellefontaine  
Police Department  
(Logan County)



**REBEKAH SINNOTT**  
Primary Practice, Marlow  
& Neuherz, LLC  
(Champaign County)



**CHRISTINA BARNs**  
Community Outreach  
Manager, Mary Rutan  
Hospital (Logan County)

The Ohio Department of Mental Health and Addiction Services is responsible to appoint 6 Board members. The Champaign County Commissioners and the Logan County Commissioners are each responsible to appoint 4 Board members. Board members may serve 2 consecutive 4-year terms. If you or someone you know would like to become a Board Member please email [info@mhdas.org](mailto:info@mhdas.org). *Thank you!*

## Mission

To ensure outcome focused prevention **TREATMENT & RECOVERY** services for our communities that are accountable, person-first and promote positive health outcomes.

## Vision

To prevent and reduce the occurrence and stigma of mental illness & substance use disorder in a **COLLABORATIVE & INTEGRATED SYSTEM OF CARE.**

## We Will

- Treat others with dignity and respect
- Demonstrate leadership and professionalism
- Empower collaboration
- Be open to innovative solutions
- Actively pursue excellence
- Adhere to high ethical standards
- Be good stewards of the public's funds and trust



2022 was my 17th year working at MHDAS and my 4th year in the role of Executive Director. So many things I have learned and so many wonderful people I have met, worked alongside, and been inspired by. Why is this work in mental health and addiction important? Let me share “my whys”...

- Statistically speaking today, there is no social issue impacting people of every age, every economic category, every culture, and every corner of the community more than mental health and addiction. If my goal as a social worker all those years ago in college was to make a difference in the world and change lives in my community—this is a perfect space.

- Caring for and inspiring people’s mind, soul, self-esteem, and ability to be their best self is a calling that takes time, training, patience and a commitment to never give up. Working alongside a staff, a Board, a treatment provider network, and a community of partners that believe in people and their ability to rise above their circumstances, their past decisions and live a life of recovery is a rewarding career. We are blessed in Logan and Champaign Counties to have so many genuinely caring people in leadership and workforce roles in behavioral health.

- Leading a community behavioral health system that can continually adapt to meet the emerging needs of the community is challenging and rewarding at the same time. Despite workforce challenges, there have been new partnerships formed and creative services built and expanded to meet varying needs in our communities. We are growing in mechanisms to collect and analyze local data that can drive, both human and financial resources, that will help make the services most efficient and effective. In this report you will see the many ways our system works to help people reach wellness and recovery.



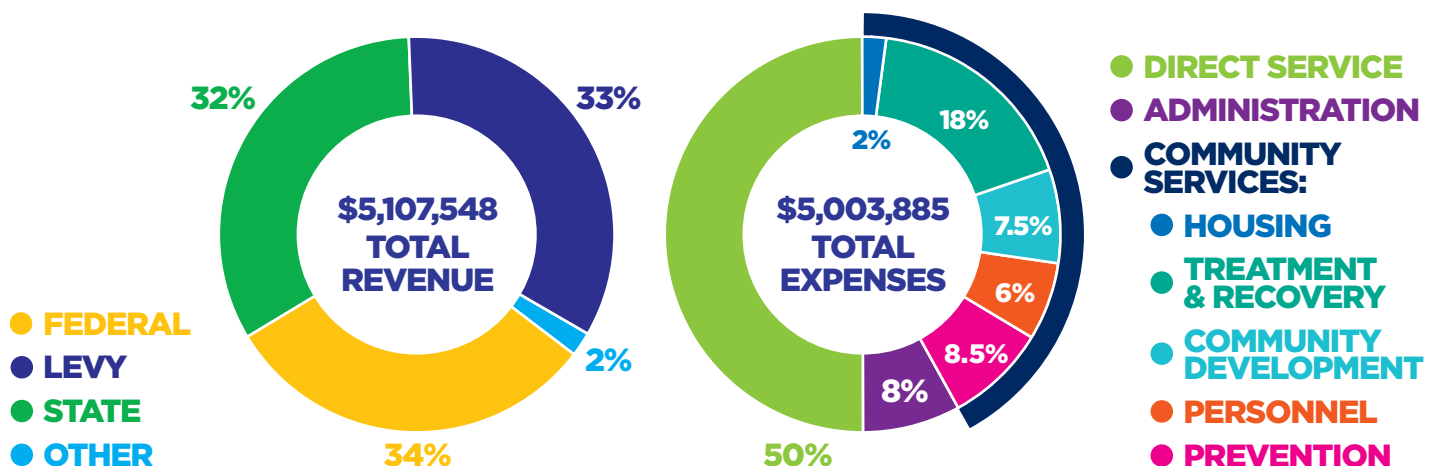
Let’s continue building together,

*Tammy*

Thank you for the opportunity for our team to serve Logan and Champaign Counties. Why?

*Because we are better together!*

## 2022 STATE FISCAL YEAR FINANCES REVIEW



# GROWTH IN *recovery*

RENEWED STRENGTH, DAVID'S PLACE & RECOVERY ZONE

## MEN'S RECOVERY LEADS TO GROWTH & EXPERIENCE

Renewed Strength Men's Recovery House earned their Level 2 Certification from Ohio Recovery Housing in 2022. Renewed

Strength is owned and operated by Pastor Mark and Jamie Hackworth in Kingscreek, and they provide many opportunities for their residents to participate in a recovery-centered lifestyle. These include vocational training, peer support, therapy, faith-based activities, and giving back to the community. Chris Ball

oversees the administrative duties of the house and provides peer support. Jeff, an

automotive trainer, mentioned that everything they do in the center gives back to the community in some way. Charles, a resident

reported that giving back has helped him grow stronger mentally, spiritually, and in his recovery journey. Charles also had the recent opportunity to serve in Peru on a mission trip and connected that experience with his own personal growth. Renewed Strength Recovery House is a tremendous asset to Champaign and Logan

Counties and the MHDAS appreciates their commitment to our communities.



*Charles(Left) during his recent trip to Peru.*

## CONNECTION & RESOURCES FOR RECOVERY

David's Place officially opened on August 1, 2022. Melissa Thompson has an extensive history of teaching in the Marysville prison, and during her experience learned that incarcerated women may have an extremely difficult time returning to the community. Melissa teamed up with Merv and Tammy Miller in Mechanicsburg, who were working with the Tri-County Jail. Their pooled resources and efforts created a special project called David's Place in Mechanicsburg, where they offer resources like Life Re-



# DAVID'S PLACE



covery, Families of Addicts, and other recovery-centered faith-based resources. They have 3 certified peer supporters who coach people early on in the recovery journey and help connect people to the needed resources. They work closely with Champaign Hope4Good, the JRIG program, and Champaign Stepping Up. Their new

9-bed women's recovery house "A Place for Jo" will open on March 15, 2023. Below, Jessica Manel (JRIG), organizes a donation drive for "A Place for Jo", while Jenny Craley (David's Place) welcomes the gifts and partnership with the JRIG program.



*"You must never be fearful about what you are doing when it is right." — Rosa Parks*





*Ted Wallin(Right) provides training in welding and fabrication at Renewed Strength Men's Recovery House.*

## 2022 STATISTICS FOR DAVID'S PLACE

**Grand Opening** date was August 1st, 2022

- Assisted **13 INDIVIDUALS INTO HOMELESS SHELTERS** • Assisted **5 INDIVIDUALS** entering **rehab/detox facilities** • **13 NIGHTS** in **hotel rooms** provided for clients that were unable to enter our local shelter • **5 BUS TICKETS** for clients needing transportation out of state **back to their hometown** were provided • **2 WEEKS** of **temporary apartment housing** was provided for displaced clients • Our first **Giving Tree** event fully sponsored **37 CHILDREN** in Champaign County • **272 RIDES** were given from **February - December 2022**, with approximately **14,500 MILES** driven • **transportation** *such as: rides home from Tri-County Jail, to homeless shelters, rehab/detox/mental health facilities and the hospital, court hearings, monthly probation/parole appointments, weekly community service commitments, church and to David's Place for recovery meetings and bible studies.*

## THE OPPOSITE OF ADDICTION IS CONNECTION

Recovery Zone provides over 4,000 hours of certified peer support annually along with other critical services for those seeking early recovery and maintaining long-term recovery. Recovery Zone coordinates with all other community organizations to support stability and recovery. For instance, in Logan County, a homeless veteran who was struggling with mental illness was connected to the Recovery Zone by the Police Department. Recovery Zone worked closely with Veteran's Services, the Salvation Army, TCN, and the Super 8 motel to provide stability in the short-term, and eventually got him connected with the VA who secured permanent treatment centered housing for this person. Recovery Zone is also the local connection for 12 step meetings in Champaign and Logan Counties.



*Left: Doug Boggs leads a recovery group at the Logan County Jail and works for Recovery Zone. He is currently taking his Certified Peer Support classes. Right: Justin Smith has been life-long friends with Doug and is loving his life in recovery from alcohol.*

# LET'S TALK *prevention*

PASS, TCN BEHAVIORAL HEALTH & CIT PROGRAM

## ACKNOWLEDGE, CARE, TELL



TCN is also our local 988 provider and received over 1,000 calls between July and December of 2022. **TCN answers almost 95% of 988 calls within 20 seconds.**

**Signs of Suicide (SOS)** is an evidence-based program provided by the TCN Behavioral Health prevention department and is implemented in grades 6 and 9 at all 9 public school districts within Logan and Champaign Counties. SOS teaches students how to identify signs of depression and suicide in themselves and their peers, how to ACT (Acknowledge, Care, Tell) when worried about themselves or a

friend, and the importance of telling a trusted adult. The Signs of Suicide program is two days of mental health education and one day of a brief confidential screening for depression and suicidal ideation. Following the screening, students who screen low risk receive a debrief of the program, and local resources are shared. Students who screen high-risk, meet with a licensed counselor. Referrals are made depending on each individual and what is best for them.

TCN currently employs two full time prevention staff that serve the Logan and Champaign County communities. To learn more about the programs they offer, please contact Doug Steiner via email at [dsteiner@tcn.org](mailto:dsteiner@tcn.org) or call 937-599-1975.

### 2022 SIGNS OF SUICIDE PREVENTION PROGRAM

**1666 STUDENTS EDUCATED**

6th & 9th grade students received mental health & suicide education in 2022 as part of the SOS program.

**1474 STUDENTS SCREENED**

these students participated in the depression and suicide screening component of the SOS program.

**408 STUDENTS SCREENED POSITIVE FOR DEPRESSION AND/OR SUICIDAL IDEATION**

APPROXIMATELY  
**49**  
**STUDENTS ALREADY IN TREATMENT**

**119 OF THE 408 WERE REFERRED TO SCHOOL OR COMMUNITY-BASED COUNSELING SERVICES**

**12%**  
**REPORTED PREVIOUS SUICIDE ATTEMPT**

### LOGAN & CHAMPAIGN PREVENTION COALITIONS

**65 ACTIVE COALITION MEMBERS**

**50 DIFFERENT ORGANIZATIONS**

**452 SERVICE HOURS FROM COALITION VOLUNTEERS**

The new **See U Now (SUN)** Clinic is available on Fridays from 10:00 a.m. – 1:00 p.m., and offers a team-based approach to providing care for people who wish to be seen outside of a regular appointment time. TCN's walk-in clinics reduce access to behavioral health care. They can serve between 65 and 70 individuals each month who walk-in for an initial appointment in Urbana or Bellefontaine.

In 2022, 2 large events took place during Suicide Prevention and Mental Health Month serving 320 participants. 300 table tents were distributed throughout the two counties to restaurants that promoted mental wellness. SPC Trained 60 teachers in the PAX Good Behavior Game, 2 community members in PAX Partners, 5 community members in PAX Good Behavior Game, and 1 community member in PAX Tools. The LOSS Team responded to 8 families impacted by suicide or traumatic losses, and 12 survivors of suicide support groups were offered throughout the year.

2022 was a year of re-igniting coalition work post covid. CORE's Prevention team distributed 840 medication lockboxes and 1000 medication disposal bags. Vape Educate, a virtual vaping prevention program, was provided to all MS and HS in Logan and Champaign Counties. CORE's Recovery Team held a large Recovery event in September with over 500 people in attendance.

**Save A Life**  
SUICIDE PREVENTION COALITION

**COMMUNITY C.O.R.E.**  
COMMUNITY FOR ONGOING RECOVERY EFFORTS



# INITIATES CONTRACT TO PROVIDE PREVENTION SERVICES

2023 brought growth to prevention services in Logan and Champaign Counties with a new contract between Prevention Awareness Support Services(-PASS) and MHDAS. This new contract increased prevention service capacity by 150% and increased the amount of board dollars allocated to prevention services within our two counties.

PASS is a non-profit organization serving several counties throughout Ohio. PASS is unique in they specialize and provide only behavioral health prevention services. PASS offers mental wellness and prevention programming to varied audiences

throughout the communities they serve. Beginning July 2022, PASS and the Mental Health, Drug and Alcohol Services Board of Logan and Champaign Counties initiated a contract to provide prevention services within Logan and Champaign Counties. PASS staff implement evidence-based programming to meet specific outcomes identified through community assessments. School-based pro-

gramming focus on substance use prevention, pro-social emotional learning, coping skills, and suicide prevention. Community-based programming focuses on adults and aims to promote wellness across the lifespan.

PASS currently employs three full-time prevention specialists and one supervisor for Logan and Champaign communities. To learn more about the programming offered, please visit their website at [www.passaah.org](http://www.passaah.org). Beth Miller, Associate Director covering Logan and Champaign Counties, can be contacted via email at [bmiller@passaah.org](mailto:bmiller@passaah.org).



SCAN  
THE QR  
CODE



TO VIEW ALL THE RESOURCES  
**MHDAS** HAS TO OFFER

## LAW ENFORCEMENT & MENTAL HEALTH PARTNERSHIP



The Champaign and Logan CIT Program is a partnership between all 11 law enforcement jurisdictions, the behavioral healthcare system, the National Alliance on Mental Illness (NAMI), and other local stakeholders. The CIT Program analyzes the types of mental health crises that officers encounter in the communities to shape improvements in resources and processes. It is a priority for the CIT program to improve the experience of person-centered and trauma-informed care for individuals in our communities who experience a behavioral health related crisis. Three officers were

chosen for the 2022 CIT Award for outstanding service in this regard. Earl Wisener of the Washington Twp PD, Morgan Styles of the Russells Point PD, and Vanessa Bird-Bourdeaux of the St. Paris PD.



Chief Thompson, Adam Sorensen,  
Officer Wisener, Officer Styles, Chief Freyhof



Chief Smith, Officer Bird-Bourdeaux,  
Adam Sorensen, Mayor Cook



Mental Health, Drug &  
Alcohol Services Board  
of Logan & Champaign Counties

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IF YOU OR SOMEONE YOU KNOW NEEDS SUPPORT NOW...

**CALL OR TEXT**

*There is hope. Talk with us.*



The Mental Health, Drug &  
Alcohol Services Staff

**988** SUICIDE & CRISIS  
**LIFELINE**

**LOCAL CRISIS HOTLINE**  
**ANY CRISIS, ANY AGE, ANY TIME**  
**1-800-224-0422**  
**TEXT 4HOPE TO 741741**