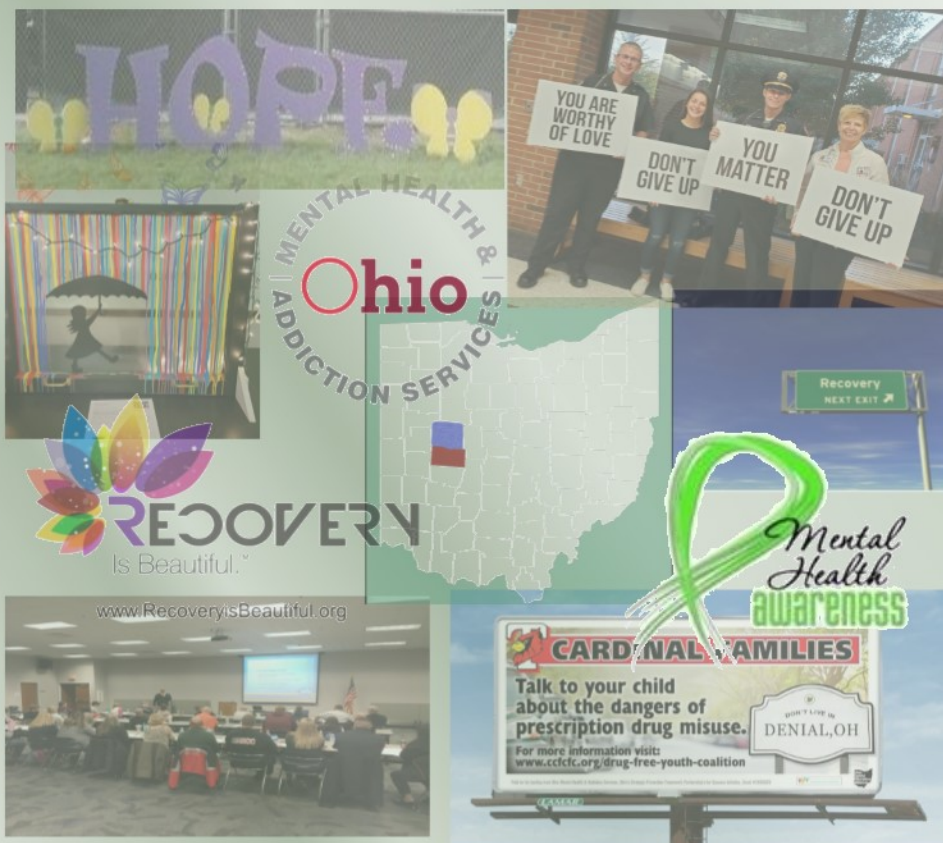


*The Mental Health, Drug & Alcohol Services
Board of Logan & Champaign Counties*

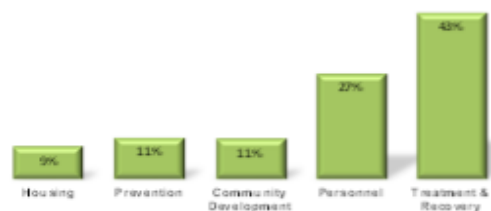


ANNUAL REPORT

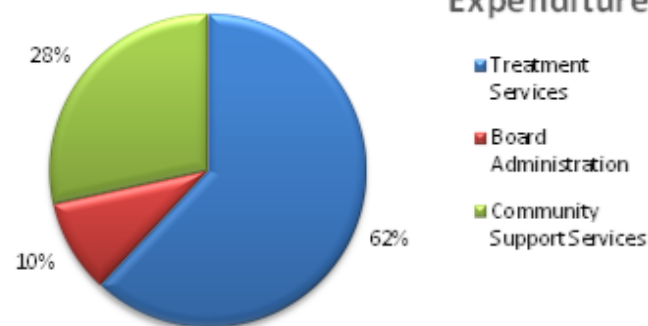
SFY 2019



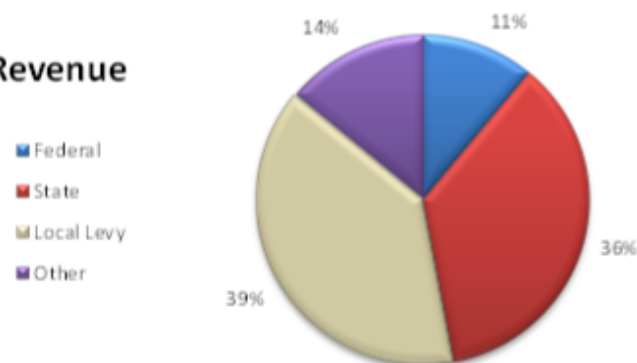
Community Support Services Breakdown



Expenditures



Revenue



A Word from the Director...



2019 was a year of adjusting and stabilizing our local behavioral health system with a new provider agency, *TCN Behavioral Health*. They have expanded to provide services in Logan and Champaign counties from their current sites serving Clark, Greene, Madison and Montgomery counties. Building relationships with new staff and leadership, introducing them to the communities, and planning for growth was a major role of the MHDAS Board this year. We are excited to continue the partnership in building a strong and comprehensive system of care in Logan and Champaign counties in 2020.

2019 also marked the continued priorities of substance abuse and mental health for both communities in their local needs assessments. We appreciate the partnership of other community stakeholders who understand that these issues impact almost every other system in a community and addressing it takes all of us working together.

We have partnered with **businesses** to provide training for employers on how to recognize and address employees who may be having mental health or addiction concerns; we have partnered with **schools** to provide on-site counseling, staff training and implementation of prevention and educational programs for students; we have partnered with the **court systems** and **local law enforcement** to provide additional resources for specialty docket populations, access to Narcan, fentanyl clean up kits, and Crisis Intervention Training; we have partnered with our **medical community** to expand access to medication assisted treatment options, to promote alternatives to opiates for pain relief and monitor misuse of prescription medications; and we have partnered with our local **Health Districts** for distribution of Narcan and to provide newborn home visits that offer information, support and screening for new moms that may be experiencing postnatal depression.

Partnerships and relationships are what make our system and our communities thrive now and in the future.

Thank you to **everyone** who plays a role! ~~Tammy Nicholl, Executive Director



TCN Behavioral Health

"Improving lives by providing clinically excellent and accessible behavioral health services."

TCN Behavioral Health Services traces its origins back to 1990 when it was known as The Community Network and was officially incorporated as a 501(c)(3) non-profit. TCN continues to be awarded the highest accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF) and provides services in compliance with substantial conformance to the standards established by CARF. TCN is committed to promoting a strong community of healthy and productive individuals. It is our mission to improve lives by providing clinically excellent and accessible behavioral health services.

Our beliefs:

- Clients will be treated with respect and dignity.
- Clients will have easy and timely access to affordable, high quality and outcome-based services which are culturally sensitive.
- Clients and their families will be involved in service planning and implementation based on the needs, strengths, and choices of the consumer.
- Clients will be assisted in functioning at a successful level in their community.
- Services will be available to all consumers regardless of ability to pay.
- Staff will be empowered to ensure that responsiveness to consumer need, effective outcomes and consumer satisfaction are of the highest priorities.
- Staff will be supported to achieve personal and professional excellence by providing opportunities for job challenge and satisfaction, training, and self development.
- Staff will be committed to our team-based philosophy; and to the development and improvement of core clinical, support and administrative and fiscal competencies.
- Staff will be committed to continuous quality improvement.

Our services include but are not limited to Psychiatry, Mental Health, Substance Use, Community Support, Emergency Services (crisis) and Residential & Recovery Housing. We provide services to both youth and adults in various settings such as the office, school, or jail. For more information please visit our website at www.TCN.org.

LOCATIONS:

118 Maple Ave.
Bellefontaine, OH
43311
937-599-1975

1522 E. St. Rt. 36,
Suite A
Urbana, OH 43078
937-653-5583

8200 St. Rt. 366, Suite C
Russells Point, OH 43348
937-599-1975
Hours by appointment only

SERVICES

Mental Health

- Diagnostic Assessment
- Counseling Services
- Crisis Services

Substance Use

- Standard/Intensive Outpatient Care
- Walk In Clinics
- Dual Diagnosis Recovery
- Relapse Prevention & Aftercare
- Residential Treatment
- Jail Assessment & Support Services
- Partial Hospitalization Program

Psychiatric

- Outpatient Services
- Medicated Assisted Treatment

Community Support

- Comprehensive Case Management
- Recovery Program Day Treatment
- Dual Diagnosis Treatment
- Family Support & Education
- Representative Payee Services
- Transitional & Supportive Housing
- Social/Recreational Drop-in Centers
- Vocational Rehabilitation

Youth & Prevention

- Mental Health
- Youth Recovery Program
- Psychiatry
- Substance Use

Residential & Recovery Housing

Domestic Violence Shelter

New Directions

www.tcn.org

Hello ~ from Recovery Zone

Champ Co. Recovery Zone
937-508-4383

Logan Co. Recovery Zone
937-593-9391

Current Staff (pictured L-R): JR Frost (Building/Transportation Coordinator), Penny Forman (Assistant Director) and Kathy Zeller (Director)

At Logan County Recovery Zone we have talented volunteers that handle our daily warm lunches, daily building needs and some groups.

- Attendance: On average, we serve 20-25 persons per day, Member average (engaged in groups and services) 18
- Peer Recovery Services: We have added PEER Recovery Support (PRS) services with United Way Funding. We have PRS off-site "employees" that are available to assist when we are unable to meet the demand within our staff, or when we need to match someone up with a special need.
- Programming: The backbone to daily activity at the Zone is our programming. We offer 2-3 programs daily ranging from Self-Help, Skills, Support, Therapeutic and Educational. We still work with community organizations to provide at least one to two of these spots weekly.
- Statewide RCO Network: We have moved from the old-style COS (Consumer-Operated Service) type clubhouse to an RCO (Recovery Community Organization) by becoming part of the statewide network, attending trainings, being audited to determine our best practices and then implementing best practices for areas that need growth.



In the past calendar year, Champaign County Recovery Zone has put up over 2,000 hours in community service at the Caring Kitchen, Champaign County Animal Welfare League, St. Michaels' mobile food pantry, and trash clean up in the community. This has increased member activity, self-esteem, and community relations. Recovery Zone demonstrates what recovery techniques in action look like, and as a result over 15 people have become gainfully employed, 7 have successfully completed probation, and hospitalization episodes have been reduced by 50%. 2019 was a great year and Recovery

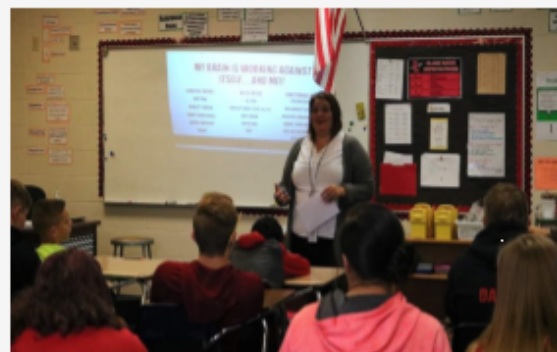
Zone is building a program dedicated to training people for employment and improved quality of life.

Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program designed for middle-school (11–13 yrs.) or high-school (13–17 yrs.) students. The goals are to:

- 1) decrease suicide and suicide attempts by increasing student knowledge and adaptive attitudes about depression
- 2) encourage personal help-seeking and/or help-seeking on behalf of a friend
- 3) reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment
- 4) engage parents and school staff as partners in prevention through “gatekeeper” education
- 5) encourage schools to develop community-based partnerships to support student mental health.

Students are encouraged to use help-seeking behavior through the ACT technique: **A**cknowledge signs of suicide in a friend, show your friend that you **C**are, **T**ell a trusted adult.

The program includes an optional student screening that assesses for depression and suicide risk and identifies students to refer for professional help as indicated.

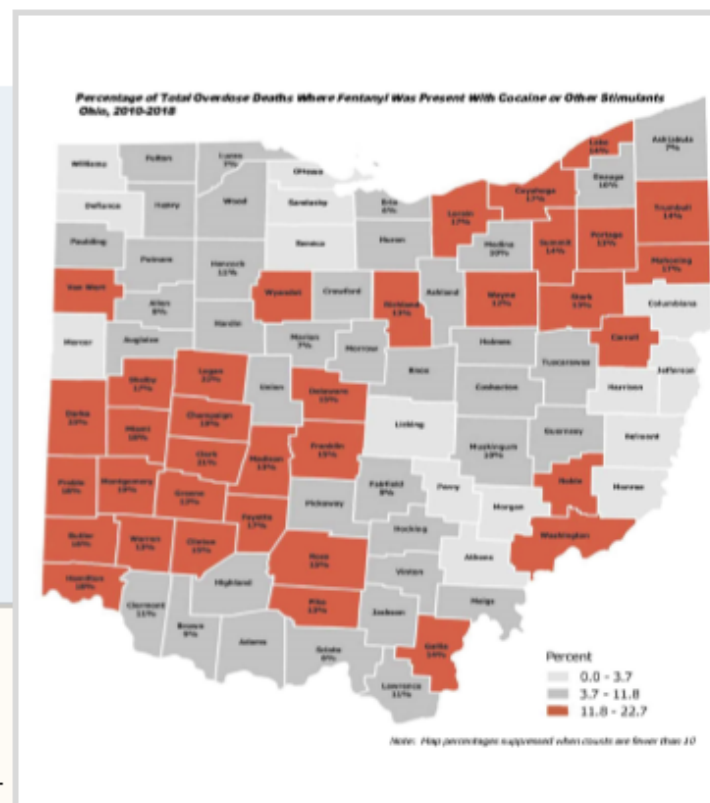


2018-2019 School Year		
County	Champaign	Logan
Total Screened	966	931
Positive Screens	169	170
School Referral	57	52
Treatment Referral	32	35
Suicide Ideation	30	28
Suicide Attempt	20	26

EMERGING DRUG TRENDS IN OHIO COMMUNITIES

For several years, Ohio has been known to be one of the states hit hardest by the opioid epidemic. In response, local, state, and national leaders rallied together to craft responses to address community needs. From public safety to child welfare to healthcare and behavioral healthcare, everyone saw the impact of opioid addiction and leaders from every sector of society participated in components of the response. Now, Ohio’s communities see fewer numbers of opioids prescribed; overdose death rates are stabilizing and decreasing in many, but not yet all, communities; access to medication-assisted treatment and other services and supports has increased; and the community understanding of opioid addiction has been enhanced. And, while all of this is true, in Ohio, we still have an addiction problem.

We have an evolving addiction problem. Where we’ve seen gains related to the decreasing number of overdose deaths resulting from prescription pain medications, we’ve seen increases in the number of overdose deaths resulting from stimulants, particularly methamphetamine and cocaine, combined with fentanyl. Southwestern and northeastern counties have been disproportionately effected by this phenomenon. We have also seen alarming trends related to marijuana products mixed with fentanyl, increases in the utilization of vaping products, and continued concerning trends related to alcohol use and abuse. As we collectively continue to work to prevent and treat substance use disorders throughout Ohio, we need to ensure we are taking a thorough look at the issues of concern and crafting comprehensive solutions that address all substance use disorders and all drugs of abuse.



Figures prepared by: Ohio High Intensity Drug Trafficking Area

Source: Ohio Department of Health, Bureau of Vital Statistics, Ohio Death Certificate File, The Department specifically disclaims responsibility for any analyses, interpretations or conclusions

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Fax: 937-465-3914
24/7 Crisis Hotline: 1-800-224-0422
or 937-376-8701
Crisis Text Line:: text 4hope to 741 741



Email: info@mhdas.org
On the Web at: www.mhdas.org

facebook

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Board for Logan &
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